

# Meditation Monday

**1st and 3rd Monday, monthly  
5:30-6-30 pm**

**Join our guide  
Karen Glass  
in an hour of meditation  
to center yourself for  
the week.  
Everyone welcome!**



**LGBT CENTER**  
OF GREATER READING

640 Centre Avenue, Reading 19605  
programs@lgbtcenterofreading.com  
484-513-3170

In the back of Calvary United Church  
of Christ