



Empowering through care, support and education



Counseling Services

Our professional and compassionate counselors are here to support you. We offer:

- **Individual Therapy**
- **Couples Counseling**
- **Youth Counseling**

Whether you're dealing with identity exploration, mental health, relationships, or just need someone to talk to, we're here to help you navigate life's challenges.

Gender affirming Letters

We provide letters for gender-affirming medical procedures such as HRT and surgeries. Our process is affirming and supportive, helping you with the documentation you need to live authentically.

How to connect with us

Reaching out is easy! Whether you have questions, need to schedule an appointment, or what to learn more about our services and events, we are here for you!

www.lgbtcenterofreading.com

Email:

Counseling Director, Angela Keller
counseling@lgbtcenterofreading.com

Interim Executive Director, Laura Biancone

programs@lgbtcenterofreading.com

Support Groups

Connect with others in a safe and welcoming environment. Our support groups include:

- Gender Expansive Group
- VOICES Youth Group
- 50+ Group
- Gay Mens Group
- ... and more

You are not alone - our groups foster community and connection.



LGBTQ+ Training & Education

We offer educational programs tailored for schools, workplaces, and organizations on:

- LGBTQ+ 101
- LGBTQ+ 101 expansive
-and more!

The LGBT Center of Greater Reading, 640 Centre Avenue, Reading Pa 19601
484-517-3170

